



I.T. & ME

**Discover what I.T. can
do for you!**

Would you like to...

- shop around for best value?
- stay in touch with friends and family?
- learn something new?
- get help using computers for job searches?
- have free access to PCs and WiFi?
- use social media?

Find out about free Work I.T. sessions in your local library

What is I.T. & ME?

I.T. & ME drop-in sessions take place in Stirling Council Libraries to help people solve basic I.T. problems and learn new digital skills.

It is completely free to take part and you don't need to learn everything at once. You can take small steps and learn at your own pace in a relaxed atmosphere.

Digital devices such as PCs, tablets and smart phones are changing the way people access information, keep in touch with one another and learn new things.

Depending on your interests, hobbies and what you use your computer for, I.T. can do something for you.

Please get in touch to find out what's available in your local branch.

If you have your own tablet or laptop please feel free to bring it to your session.



I.T. & ME

Saving money

Comparing prices so you can save money on bills such as energy and insurance.

Online banking where you can check your balance or transfer money between accounts.

Online shopping where you can find the best prices.

Access free digital services such as eBooks, online newspapers and Theory Test Pro

Staying in touch

The internet is a great way to stay in touch with friends and family all over the world.

Social media (Facebook, Twitter, Instagram etc.) provides ways for you to share ideas, information, videos and photos in online communities.

Skype allows people to video call one another for free across the world.

Learning new things

You can search for and find information online to help you learn something new.

For example you can:

- Find new recipes
- Watch tutorial videos
- Research family history
- Join an online course



I.T. & ME

To find out more about I.T. & ME sessions with Stirling Council Libraries please contact:

Heather Walsh

Digital Volunteer Coordinator

Email: walshh@stirling.gov.uk

Tel: 01786 237542



www.stirling.gov.uk/libraries